

River Falls Nutrition Program July 2019 Menu

119 Union Street - 715-425-9932

Serving Monday – Friday

*****Due to circumstances beyond our control, menu changes may occur from time to time*****

Monday	Tuesday	Wednesday	Thursday	Friday
1 Smothered Chicken Au Gratin Potatoes Green Beans Garlic Biscuit Chef's Choice Fruit Dessert	2 Kielbasa w/ sauerkraut Stuffing 5 Way Blend Veggies Chef's Choice Fruit Bread Slice Dessert	3 Pot Roast Mashed Potatoes w/ gravy Rutabaga Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	4 CLOSED for Independence Day	5 Potato Crunch Pollock Baked Potato Carrots Chef's Choice Fruit Dinner Roll Dessert
8 Beef Stroganoff Buttered Noodles California Blend Veggies Bread Stick Chef's Choice Fruit Dessert	9 Cheesy Ham Potato Casserole Peas Chef's Choice Fruit Bread Stick Dessert	10 Seasoned Baked Chkn Mashed Potatoes w/ gravy Country Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	11 Spaghetti/ meat sauce Squash Chef's Choice Fruit Garlic Bread Dessert	12 Seafood Alfredo Broccoli Chef's Choice Fruit Bread Stick Dessert
15 Orange Chicken Fried Rice Stir Fry Veggies Chef's Choice Fruit Egg Roll Dessert	16 Tater Tot Casserole Country Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert	17 Marinated Pork Loin Mashed Potatoes w/gravy 5 Way Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	18 Swedish Meatballs Buttered Noodles Cauliflower Chef's Choice Fruit Bread Stick Dessert	19 Crispy Fish w/ lemon Au Gratin Potatoes Asparagus Chef's Choice Fruit Dinner Roll Dessert
22 Cheeseburger Baked Beans Potato Salad Chef's Choice Fruit Dessert	23 Chicken Parmesan Buttered Noodles Country Blend Veggies Chef's Choice Fruit Bread Slice Dessert	24 Oven Roasted Turkey Mashed Potatoes w/ gravy Squash Chef's Dessert Dinner Roll Dessert	25 Sausage Egg Bake Biscuits & Gravy Fried Potatoes Chef's Choice Fruit Dessert	26 Lemon Baked Cod Baked Potato California Blend Veggies Chef's Choice Fruit Dinner Roll Dessert
29 Bacon Wrapped Pork Chop Baked Potato Carrots Chef's Choice Fruit Garlic Biscuit Dessert	30 Chicken Cordon Bleu Au Gratin Potatoes Country Blend Veggies Chef's Choice Fruit Bread Slice Dessert	31 Home Style Meatloaf Mashed Potatoes w/gravy Cauliflower Chef's Choice Fruit Dinner Roll Dessert	<p style="text-align: center; color: red;">Suggested Donation for: Congregate Dining: <u>\$5.00 per meal</u> Home-delivered Meals: <u>\$6.50 per meal</u> Please pay as much as you can afford, as we rely on donations from participants to keep the program going.</p>	